

19 January 2021

Dear Parents and Carers,

At school we take the safety of our students very seriously and during this time of online learning, we want to share some resources with you so you can help guide your child and keep yourself up to date in a digital world which can at times be quite daunting for us all.

A site that is helpful for parent controls is UK Safer Internet Centre ([Parents and Carers](#)). It advises you to take the following four steps:

1. Have ongoing conversations with your children about staying safe online
2. Use safety tools on social networks and other online services, eg Facebook privacy settings
3. Decide if you want to use parental controls on your home internet
4. Understand devices and the parental control tools they offer

Below you will find a list of online resources intended to help keep both you and your child up to date with technology and safeguard you all against the perils of online access. F

- Parents Digital Safety Kit
- Safety Card 2020 for **Instagram**
- Safety Card 2020 for **Snapchat**
- Need To Know: **Snapchat**
- Safety Card 2020 for **TikTok**
- Need To Know: **TikTok**
- NSPCC – Keeping Children Safe (Phishing) – YouTube Video
- www.ceop.police.uk/safety-centre – Child Exploitation and Online Protection
- [Child Exploitation and Online Protection \(CEOP\) – Should I make a CEOP report?](#)
- [NSPCC and online learning](#)
- [Childline - online and mobile safety](#)

All staff at The Cumberland School care about your child's wellbeing and safety. Even during a school closure, we are here to support both you and your child and if you would like to discuss any safeguarding concerns you have during this period of online learning, you can contact the school by:

1. Calling the school on: 020 7474 0231 (The office will put you through to the safeguarding team)

2. Emailing: contact@cumberlandcst.org

I hope you find the above information useful and ask you to contact us if your child is struggling to stay positive during these challenging times and we will do our best to improve the situation.

Finally, I hope you all remain happy and healthy during these difficult times.

Kind regards,

Angela Moore

Assistant Headteacher/Designated Safeguard Lead